

Virginia Stroke Systems Coordinator's Consortium

**Stroke Education
Quarter-2**

VSSCC Objective: To inform the community about stroke signs and symptoms and prevention

Hospital	Activity Name & Description	Objectives	Number of Participants	Were outcomes evaluated for this activity?
Bon Secours Memorial Regional Medical Center	Stroke Month Activities May 1-31, 2010 included stroke seminar, stroke fair, and screenings	To educate community on signs and symptoms of stroke, risk factors, prevention, and available community resources	400	Surveys on satisfaction as well as data from screenings such as BPs were collected.
Bon Secours St. Francis Medical Center	Stroke Month Activities Activity 1: Healthy Eating (5/6/10) Activity 2: Healthy Eating (5/12/10) Activity 3: Bon Secours Richmond Community Outreach (5/13/10) Activity 4: Stroke of Insight for Women (5/20/10)	A1-A2: To share heart healthy menus and practices with all SFMC employees A3-A4: To educate community about stroke awareness and resources throughout Bon Secours and Richmond, screenings were performed	A1-A2: 400 A3: 100 A4: 100	A1-A2: No A3-A4: Yes, satisfaction surveys
Carilion Roanoke Memorial Hospital	Activity: Stroke care in Southwest Virginia	To educate about new advances in Stroke Care, risk factors, signs, symptoms	30	No
Centra Lynchburg General Hospital	Activity 1: Power to End Stroke presentation to Central Virginia Pastoral Association (4/22/10) Activity 2: Emergency	A1-A5: To increase knowledge re: stroke recognition and treatment as well as prevention	A1: 40 A2: 25	A1-A5: Not formally

	<p>Department Training (6/17/10)</p> <p>Activity 3: B&W Health Fair (7/1/10)</p> <p>Activity 4: Emergency Department Training (7/13/10)</p> <p>Activity 5: Print and Radio Ads April-July 2010</p>		<p>A3: 500</p> <p>A4: 30</p> <p>A5:1,022,350</p>	
CJW Medical Center	<p>Activity 1: Email weekly Stroke educational information (5/3/10, 5/10/10, 5/17/10, 5/24/10)</p> <p>Activity 2: EMS Presentation (5/22/10)</p> <p>Activity 3: EMS Presentation (5/27/10)</p> <p>Activity 4: Virginia Public Service Announcement- Radio (May 2010)</p>	<p>A1: Stroke Education and awareness</p> <p>A2: Stroke education and awareness</p> <p>A3: Stroke education and awareness</p> <p>A4: Stroke education and Awareness</p>	<p>A1: 3000</p> <p>A2: 10</p> <p>A3: 20</p> <p>A4: unsure</p>	<p>A1: No</p> <p>A2: Feedback from organizers and participants</p> <p>A3: Feedback from organizers and participants</p> <p>A4: No</p>
Inova Alexandria Hospital	<p>Activity 1: Ethiopian Health Fair</p> <p>Activity 2: Blood Pressure Screening</p>	<p>A1-A3: Health screenings</p>	<p>A1: 34</p> <p>A2: 73</p>	<p>A1-A3: No</p>

	Activity 3: Tricare Health Fair		A3: 27	
Inova Fairfax Hospital	Activity 1: Stroke Survivor and Family Reunion (May)	A1: To reunite with past stroke survivors, information session, meet and greet, BP screens, cholesterol and glucose screenings, talk to the specialist	A1: 35	A1: Evaluation form was completed by participants
	Activity 2: Caregiver Support Group (May bi monthly)	A2: To support stroke survivor family members and care givers by providing a safe environment for them to share, opportunity to learn from peers, share resources in the community, provide education by local experts	A2: 25	A2: Evaluation form was completed by participants
	Activity 3: Brain Aneurysm Support Group (May once a month)	A3: Support to aneurysm patients and care givers by providing a safe environment for them to share, opportunity to learn from peers, share resources in the community, provide education by local experts	A3: 65	A3: Evaluation form was completed by participants and requests for future learning

	<p>Activity 4: Geriatric Month Education Fair (May)</p> <p>Activity 5: EMS Night (May)</p> <p>Activity 6: Nurses Week Health Fair (May)</p> <p>Activity 7: Celebrate Fairfax (June)</p>	<p>A4: To provide stroke education</p> <p>A5: Stroke education for EMS Personnel</p> <p>A6: Stroke education, Blood Pressure screening, glucose and cholesterol screenings</p> <p>A7: Stroke Education and Blood Pressure Screenings</p>	<p>A4: 100</p> <p>A5: 20</p> <p>A6: 147</p> <p>A7: 128</p>	<p>A4: No</p> <p>A5: Evaluation form was completed by participants</p> <p>A6: No</p> <p>A7: No</p>
Inova Mount Vernon Hospital	<p>Activity 1: Stroke Awareness and Nutrition Counseling</p> <p>Activity 2: Stroke Awareness and Blood Pressure Screenings</p> <p>Activity 3: Stroke Awareness and Blood Pressure Screenings</p>	<p>A1: To increase awareness of the signs and symptoms of stroke and healthier food options</p> <p>A2: To increase awareness of the signs and symptoms of stroke and to provide screening</p> <p>A3: To increase awareness of the signs and symptoms of stroke and to provide screening</p>	<p>A1: 40</p> <p>A2: 40</p> <p>A3: 100</p>	<p>A1: Verbalization of awareness and increased use of the EMS system in the Alexandria City and Nutritional awareness.</p> <p>A2: Verbalization of awareness and increased use of the EMS system in the Montebello Community</p> <p>A3: Verbalization of awareness and increased use of the EMS system in Springfield.</p>
Martha Jefferson Hospital	<p>Stroke Awareness Month Activities May 2010 2 radio and 3 TV spots; 1 community talk for nursing</p>	<p>Increase awareness of signs and symptoms of stroke and the need to</p>	<p>A1: 200+</p>	<p>A1: No</p>

	<p>home staff; b/p screenings and stroke awareness information at a local senior center event; ACT FAST info made available at skin cancer screening</p> <p>Activity 2: Blood Pressure Screening and Stroke Awareness</p>	<p>act FAST</p> <p>A2: To raise stroke awareness and offer BP screenings</p>	<p>A2: 41</p>	<p>A2: No</p>
Mary Washington Hospital	<p>Activity 1: Blood Pressure Screenings/ Health Fair Expo (6/16/10)</p> <p>Activity 2: Blood pressure screening/ health fair (5/1/2010)</p> <p>Activity 3: Blood pressure screenings/ health fair for local newspaper employees (5/18/10)</p>	<p>A1: Prevention and Education of risk factors for stroke in adults</p> <p>A2: Prevention and education of risk factors for stroke in target population: African Americans</p> <p>A3: prevention and education of risk factors for stroke in adults</p>	<p>A1: 65</p> <p>A2: 11</p> <p>A3: 42</p>	<p>A1: The number of seniors screened in a 3 hour period (65) and 26/65 (40%) had blood pressures that were considered high risk (systolic >140)</p> <p>A2: No, this was information sharing for participants</p> <p>A3: No, this was information sharing for participants</p>
Rockingham Memorial Hospital	<p>Activity 1: Aging Gracefully Health Fair (5/18/10)</p> <p>Activity 2: Stroke Awareness Display in RMH Lobby (5/3/10-5/31/10)</p>	<p>A1: Stroke Awareness</p> <p>A2: Stroke Awareness and education</p>	<p>A1: 30</p> <p>A2: 300+</p>	<p>A1: Not formally</p> <p>A2: Expect to see increases in number of stroke admissions and % increase of patients arriving in 3 hour window</p>

	Activity 3: Health fair for retirement community (5/26/10)	A3: Stroke Awareness	A3: 100	A3: Not formally
Sentara Leigh Hospital and Sentara Norfolk General Hospital	Activity: Lifenet Health Fair (6/11/10)	To provide Stroke Prevention Education and Blood Pressure screening for staff of Lifenet Healthcare	300	Not formally
Sentara Virginia Beach General Hospital	Activity 1: Patient Family Advisor Committee (5/18/10) Activity 2: Sentara Village open house (5/18/10) Activity 3: YMCA Hilltop Senior Health Day (5/26/10)	A1-A3: Define stroke, signs and symptoms of stroke, stroke is an emergency, risk factors for stroke, risk factor modification	A1-A3: 58	A1-A3: No
UVA Medical Center	Stroke Screening and Education Sessions (5/18/10-5/20/10)	Screen for stroke and educate public about stroke	26	No
VCU Medical Center	Stroke Awareness Month: Activity 1: Placed F.A.S. T. table tents on 30 tables in the VCU Medical Center cafeteria for 2 weeks (5/11-5/21/10) Activity 2: Provided an 1.5 hour lecture to Franklin City EMS providers (6/23/10)	A1: Educate the public about the signs and symptoms of stroke and to call 9-1-1 immediately A2: Care and Management of stroke	A1: 500+ A2: 30	A1: No A2: No

Number of People Reached for Quarter-2 2010	1,029,542
--	------------------