

# Ten top tips for talking with people with aphasia

Use pen and paper

Say one thing at a time

Don't pretend you understand

Don't rush – slow down, be patient

Draw diagrams or pictures

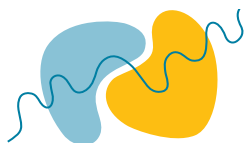
Write down key words

Relax – be natural

Recap – check you both understand

Ask what helps

Reduce background noise



**connect**

the communication disability network

[www.ukconnect.org](http://www.ukconnect.org)

**Connect is a charity for people living with aphasia, a communication disability which usually occurs after stroke.**

**At Connect, people with aphasia:**

- develop and deliver services they need and want
- are active collaborators – informing, driving and improving all we do.

**Together, we:**

- provide training and consultancy to service providers
- offer information and support to help everyone understand aphasia and its impact
- champion the rights of people with aphasia.

**Connect – the communication disability network**

16-18 Marshalsea Road, London SE1 1HL

 020 7367 0840

 [info@ukconnect.org](mailto:info@ukconnect.org)

 [www.ukconnect.org](http://www.ukconnect.org)

 [facebook.com/connectaphasia](https://facebook.com/connectaphasia)

 [twitter.com/connectaphasia](https://twitter.com/connectaphasia)

Blog: [connectaphasia.wordpress.com](http://connectaphasia.wordpress.com)